The Bengali Supper Club

The Spiced Hawk journey continues from the North East to Bengal where the cuisine is rich and varied. Streetfood, fish and Chinese Influences are highlights of the this cuisine.We will wander around India over the next few months with a few people. Our journey will continue next week to sample the delights of the cuisine of Hyderabad and Andhra Pradesh.

Friday 1st November

£30.00 per person

**Nibbles**



Puffed Rice tossed with red and orange cherry tomato and onions, coriander



Puffed wheat stuffed with mungbean sprouts, boiled potato served with tamarind water

**Starter**

Calcutta Kathi Roll



Grilled chicken with pickled onions wrapped in a wholewheat paratha bread served with coriander and mint chuteney

**Or**



Potato and chickpeas, pickled onions wrapped in a wholewheat paratha bread served with a coriander and mint chutney

**Mains**



 Bengali Tilapia Fish Curry with mustard and cream

Or



Indo-Chinese Szechuan Paneer Curry with spring onions, tomato, ginger, garlic

**Sides**



Baby Potatoes tossed in a lightly spiced poppy seeds paste



Bengali Masoor Daal with five spices



Indo Chinese Szechuan Cauliflower with spring onions, ginger and chilli



Basmati Rice

**Pudding**



Jaggery sweetened yoghurt with Pernod toasted oats